



Blessed Trinity Catholic Community
Spirit of Christ Mission

Return
to the Lord your God,
for God is gracious
and merciful.

LENT

2024

For the Lord says:
At an acceptable time,
I have listened to you,
and on a day of salvation
I have helped you.
See, now is the acceptable time;
see, now is the day of salvation!

2 Corinthians 6:2
Liturgy of Ash Wednesday



blessedtrinitymissoula.org



Lent 2024

The beginning and the end, the source and summit of our life of faith, the focus and meaning of our Lenten journey, is **SUNDAY MASS**.

REMEMBER TO BE PRESENT EVERY WEEKEND FOR THE LORD'S SUPPER!

- ❖ **SUNDAY AT HOME: A special SUNDAY DINNER AT HOME GUIDE** is available on the parish website (*click on the Lent 2024 page*), and at church entrances. This guide provides a ritual for Sunday dinner at home during Lent based on Sunday Mass.



- ❖ **DAILY MASS:** Mass at 12:10 on **Wednesday and Thursday** during Lent. **First and Third Friday** at VILLAGE HEALTH CARE CENTER, 10:00 am. **Fourth Friday**, VILLAGE SENIOR RESIDENCE.
- ❖ **FRIDAYS OF LENT: DAY OF ABSTINENCE FROM MEAT**



EVERY DAY OF LENT

- ❖ **MORNING, EVENING, D NIGHT PRAYER AT HOME. Daily/Sunday Scripture; Prayers of the Mass and daily reflections.** Click on the website **LENT 2024** tab to subscribe to **GIVE US THIS DAY:** prayer for each day of Lent. We highly recommend this valuable resource for daily prayer throughout the year.

Available in DIGITAL format.

- ❖ **OPERATION RICE BOWL: FOR LENT, FOR LIFE!** PRAY, FAST, GIVE. "RICE BOWLS" available at church entrances. For more information, click on the

Operation Rice Bowl Link on the **LENT 2024** page on the parish website (blessedtrinitymissoula.org).

View the video provided for each week of Lent. Check out the recipes!



A VIDEO JOURNEY OF THE STATIONS OF THE CROSS

Click on **LENT 2024** page on the parish website (blessedtrinitymissoula.org)

- ❖ **2024 Lenten Reflection Guide: CARING FOR CREATION.** Maryknoll Office for Global Concerns. This booklet, available on the parish website and at the Lenten Table, provides commentary, reflections, prayer and suggested action to help address the global warming crisis, for each Sunday of Lent 2024. Click on **LENT 2024** on parish website.



- ❖ **WEEKLY BULLETIN INSERT** for each Sunday of Lent, Triduum and Eastertime. Prayer, scripture reflection, Catholic customs, family activities and service ideas, provided in the bulletin each week. The Bulletin is available each week on the website. Click the **BULLETIN** Tab.

Fast and Abstinence

Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence from meat.

For members of the Catholic Church, the norms on **fasting** are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal.



The norms concerning abstinence from meat are binding upon members of the Catholic Church from age 14 onwards.

THE PASCHAL FAST

If possible, the fast on Good Friday is continued until the Easter Vigil (on Holy Saturday night) as the "paschal fast" to honor the suffering and death of the Lord Jesus, and to prepare ourselves to share more fully and to celebrate more readily his Resurrection.

Lenten Almsgiving

PARISH STEWARDSHIP GIVING. Integral to the life and spirit of our parish community, your regular (weekly or monthly) Stewardship offering is a necessary component of our faith. We offer it each Sunday at the Lord's Table with the prayer that the "*Lord will accept the sacrifice we offer, for our good and the good of all God's holy Church.*" A prayer which we make true. We all bring a sacrifice, we all offer a sacrifice, we all make a sacrifice of praise.

LET YOUR OFFERING BE WORTHY, LET IT BE GENEROUS, LET IT BE SINCERE.



Moving Forward...

As our renovation plans and process move forward, the generous response of Blessed Trinity Parishioners continues. For this we are all filled with gratitude. While our Capital Campaign concluded almost one year ago, many parishioners continue to offer gifts, while others have begun contributing. **THANK YOU.** All are welcome to offer a gift as the good work of "moving forward" continues.

COMMITMENT ENVELOPES CONTINUE TO BE AVAILABLE AT CHURCH ENTRANCES.

+ A LENTEN SACRIFICE + A LENTEN GIFT + A LENTEN VISION

"The Lord stirred up the people, so they set to work on his House."

Lent 2024 Faith Sharing Opportunities

BLESSED TRINITY ✚ SPIRIT OF CHRIST LENTEN FAITH FORMATION THE SCRIPTURE STUDY / REFLECTION

- ❖ Study centered on the readings and Gospel for each Sunday of Lent:
Thursdays of Lent, 11:00 am.
- ❖ **SEEING THE WORD:** Reflection based on the text and art of the Saint John's Bible,
Thursday, February 22, March 21 - 1:00 pm

WHOLE PARISH FAITH FORMATION DURING LENT

Every age, everyone, every generation

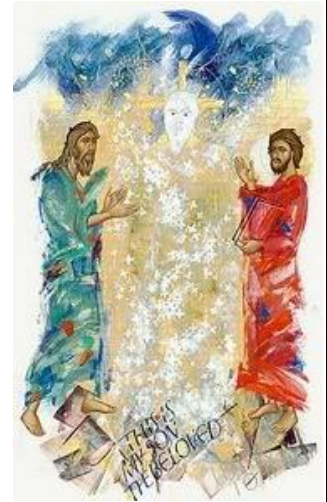
The FIRST Sunday of Lent February 18, 2024, following 10:00 am Mass:

THE SHEEPGATE: TRESPASS AND FORGIVENESS

The FOURTH Sunday of Lent March 10, following 10:00 am Mass:

THE LIGHT OF THE WORLD: PRESENTER MR. MATT REICHART, CATHOLIC LEADERSHIP INSTITUTE

Mr. Reichert will lead us in a discussion about family, the task of "handing on the faith," and the work and ministry of evangelization in today's Church and world. He is a nationally known workshop leader and presenter.



YOUTH LENTEN GATHERINGS: February 21 & March 13, 7:00 pm.

CHILDREN'S LITURGY OF THE WORD-10:00 Sunday Mass on February 25, March 3, 10 & 17.

CHILDREN'S FAITH FORMATION: Sunday, February 18 and March 10 following 10:00 am Mass.

PENANCE AND RECONCILIATION

SACRAMENT OF RECONCILIATION DURING LENT:

Personal Rite every Saturday, 4:00 pm at Blessed Trinity (except on Holy Saturday, March 30.)

COMMUNAL PENANCE: Tuesday, March 12, 2024 + 7:00 pm

Palm Sunday of the Lord's Passion, March 23/24, 2024

ENTERING HOLY WEEK, Mass begins in the Social Center.

SOLEMN PROCESSION: Social Center > outside > into worship space.



Our Lenten journey leads us to the

GREAT THREE DAYS OF EASTER,

"The Sacred Triduum 2024"

**Plan now to enter these holiest days of the year,
beginning on March 28, HOLY THURSDAY evening at 7:00 pm
with the MASS OF THE LORD'S SUPPER.**

**Continuing on GOOD FRIDAY, March 29 at 12:10 pm with the
SOLEMN LITURGY OF THE PASSION AND DEATH OF THE LORD:**

Leading us all to the Great EASTER VIGIL

IN THE HOLY NIGHT, SATURDAY, March 30, 9:00 pm

EASTER SUNDAY MASS: 8:00 am, Spirit of Christ + 10:00 am, Blessed Trinity

Blessed Trinity Catholic Community + Spirit of Christ Mission