



3 DAYS OF EASTER

at Blessed Trinity \dagger Spirit of Christ

Christ redeemed humankind and gave perfect glory to God principally through his paschal mystery: by dying he destroyed our death and by rising he restored our life. The Easter Triduum of the passion and resurrection of Christ is thus the culmination of the entire liturgical year.

What Sunday is to the week, the solemnity of Easter is to the liturgical year.

The Easter Triduum begins with the evening Mass of the Lord's Supper, reaches its high point in the Easter Vigil, and closes with evening prayer on Easter Sunday.

On Good Friday and, if possible, also on Holy Saturday until the Easter Vigil, the Easter fast is observed everywhere.

The celebration of the Lord's passion takes place on Friday during the afternoon hours.

The Easter Vigil, in the night when Christ rose from the dead, is considered the mother of all

vigils. During it the church keeps watch, awaiting the resurrection of Christ and celebrating it in the sacraments. The entire celebration of the vigil should take place at night, beginning after nightfall and ending with dawn.

General Norms for the Liturgical Year #18-21, The Roman Calendar